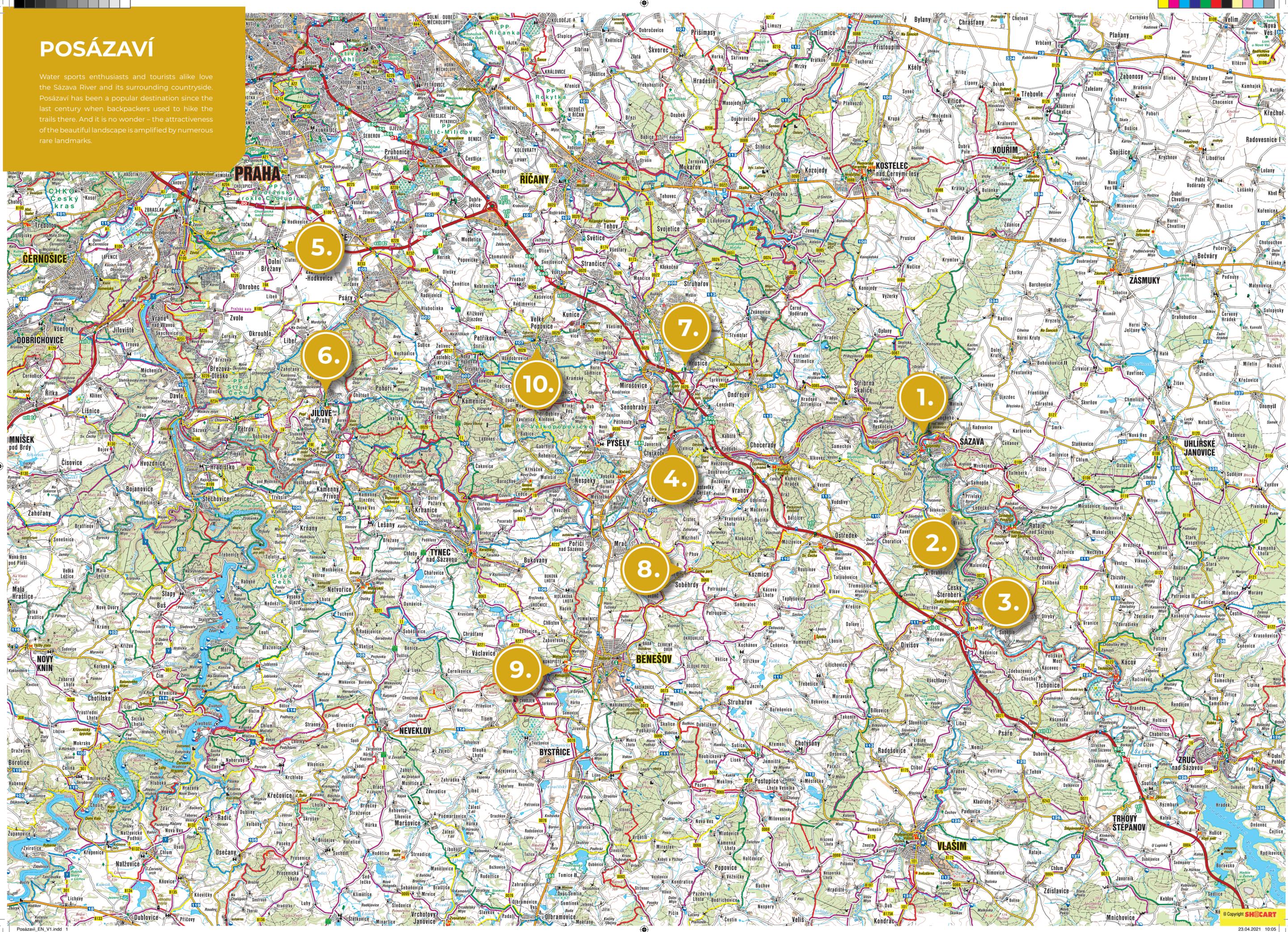


POSÁZAVÍ

Water sports enthusiasts and tourists alike love the Sázava River and its surrounding countryside. Posázaví has been a popular destination since the last century when backpackers used to hike the trails there. And it is no wonder – the attractiveness of the beautiful landscape is amplified by numerous rare landmarks.



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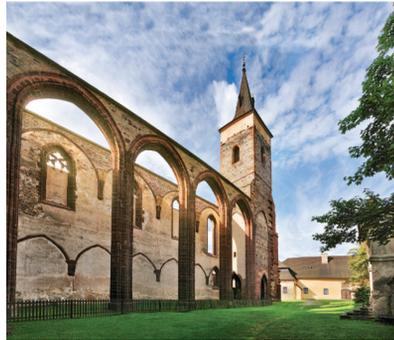
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1. SÁZAVA

The third oldest monastery in Bohemia was founded by St Procopius, a pilgrim and patron of the Czech lands. His life and deeds are commemorated by the newly revealed murals in the **monastery cloister**. Visit other mysterious sites connected to St Procopius. Visit the **Vosovka** well, where he allegedly met with Prince Oldřich, or walk through the ravine called **Čertova brázda**, which St Procopius dug out with a devil harnessed in a plough. When in Sázava, do not miss the **Glass Art Centre**, founded in the former František glassworks. In addition to the unique collection of modern glass, you can also admire the skills of the glass-making masters.



3. ČESKÝ ŠTERNBERK

The majestic stone **Český Šternberk Castle**, soaring on a rock above the Sázava River has been owned by the "Lords of Sternberg" for more than 770 years. It not only attracts tourists, but also filmmakers. The castle was a film location for the Czech Arabela TV series, or *Anděl Páně*. You should not miss its surroundings either. The south advanced bastion, called the "**Dungeon**" and part of a sophisticated fortification system, now offers a view of the area below the castle. Follow the yellow trail from the car park to the opposite hill with the **Chapel of St Procopius** (the patron of Posázaví) and the **Šternov cascades**. When in Český Šternberk, remember to sample the excellent **Šternberk pies**.



5. DOLNÍ BŘEŽANY

The largest fortified Celtic settlement in Bohemia can be found along an educational trail at **Hradiště** above the Břežany valley. For an even better experience, check out the virtual 3D tour of the Závist Cave, which you will find at the **Závist Celtic Settlement Regional Information Centre** in Dolní Břežany. Thanks to the multi-projection media, you can "walk" through the Celtic settlement and learn about the life of our ancestors. Near the village, you can also visit **Hradišátko** – remains of an early medieval settlement. Take a rest at the **Olivův brewery** near the Dolní Břežany Chateau.



7. JOSEF LADA'S REGION

If you love Lada's stories about Mikeš the Cat, a smart fox, or the bogeymen and water gnomes, you cannot miss the region that greatly inspired the author and artist. Visit the **Josef Lada and Alena Ladová Memorial Museum** in Hrusice, or the **observatory** in Ondřejov. Go to the nearby **Mnichovice** with the Church of the Nativity of the Virgin Mary, or stop by at **Šibeniční hill**, which offers sports facilities for any season. You can explore Lada's region both on foot and on bike thanks to the many educational trails. Take your children to the **Children's Paradise** at Berchtold Chateau, home to a gingerbread house and miniatures of castles and chateaux.



9. KONOPIŠTĚ CHÂTEAU

After a tour of the representative rooms at the **Konopiště Chateau**, linked to Archduke Franz Ferdinand of Austria, take a walk through the large park with a **bear enclosure**, or visit the adjacent **Motorcycle Museum**. Continue to the Baroque **Jemniště Chateau** owned by the Sternbergs, which also has a **small zoo** in the park. You can eat venison specialities and home-made desserts at the chateau café and restaurant. Combine the trip with a hike to the **Špulka lookout tower** near Lbosín, or a visit to the **Military Technical Museum** in Lešany, with a large collection of historical and contemporary military technology. Check out the Czech 20th century art at the **Art and Design Museum** in Benešov.



2. SÁZAVA RIVER

The **rapids between Krhanice and Pikovice** are one of the most attractive parts of the river for navigating. You can further enjoy some adrenalin rides when conquering each of the many weirs along the river. Get some useful advice at **Bisport Kácov**. When cruising along the river, make a stop at the **Sázavský ostrov** camping ground in Sázava. Have something original to eat at the **Bistro & Café Příběh** in Týnec nad Sázavou, or at **Bistro Ledce**. If you prefer to stay dry, walk the **Posázaví trail** offering an abundance of romantic views of the river. Return on the legendary **Posázaví Pacific train** that provides an unforgettable experience.



4. CASTLE RUINS ALONG THE SÁZAVA RIVER

The castles of **Zbořený Kostelec**, **Zlenice** and **Stará Dubá** are not only linked by the Sázava River, but also by the Poděbrady wars that sealed their fate. Yet the romantic ruins are still worth a visit. In summer, cool down at the **Senohrabská plovárna** river spa built in the First Republic style. Check out the original folding **Bailey Bridge** engineering at Čtyřkoly, or the **Church of St Clement** in Lštěň, a former Přemyslid settlement site, with a view over the valley. Enjoy the architecture of the **Church of St Peter and St Paul**, or the **Church of St Gall** in Poříčí nad Sázavou. Take a look at the saddle from the popular Czech film *Three Wishes for Cinderella* at the **Vysoká Lhota Chateau**.



6. JÍLOVÉ U PRAHY

Find out what really happened in the gold-mining legend of the royal town of Jílové u Prahy at the **Regional Museum**. Those with a more courageous disposition can descend underground to one of the **four accessible adits** – St Joseph, St Anthony of Padua, Halife and St Wenceslas. There, you can hop on a small train and check out the technical facilities with an exposition on drilling technology. For the physically fit, there is a unique **Via ferrata** – a climb with protection up to the largest stop. From there, walk to the **Žampašský viadukt**, the largest stone railway bridge in the country. You can also check out the bird's eye view over the entire gold-mining area from the **Pepř lookout tower**.



8. KEEPING THE CHILDREN BUSY

Take your children to **Farmapark Soběhrdy** where they can see animals from all over the world and enjoy a wide range of attractions. Visit the **Slapy Rope Climbing Park** with trails for any age category, water activities, a relax zone, or the "Kostičkov" creative space for children. You will additionally find a rope climbing centre and children's playground at the **Jesenice Fun Park** in Zdiměřice. You can also keep young travellers busy in the middle of town, for example, in the **Stone Park** in Benešov. Children and adults alike can have fun in **Aquapalace**, one of the largest water parks, year-round in Čestlice. Small car racers will enjoy a visit to **Retroautomuseum** in Strnadice.



10. BARON RINGHOFFER'S COUNTRYSIDE

Walk along the trail commemorating František Ringhoffer, a prominent industrialist who considerably influenced the development of the countryside around Velké Popovice and Kamenice in the 19th century. The trail offers views of the **Velkopopovicko Nature Park**, an excursion of the **Velké Popovice Brewery**, a stroll through the park of the **Štířín Chateau**, or a tour of the **church with a rotunda and a Jewish cemetery in Kostelec u Křížků**. The unusual 12-metre high **Mandava lookout tower** is inside the Jan Hus memorial. Stop by at the Ringhoffer tomb near the Neo-Gothic Kamenice Chateau. You should also visit the nearby **Průhonice Chateau park**, inscribed on the UNESCO World Heritage List.



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